



Participant Daily Checklist

Clearly label and bring

The following is a list of items your child **must** bring to summer camp:

- A **refillable water bottle** filled with water or juice. **No soda or disposable drink containers.** Water is available all day to refill bottles.
- 1-2 snacks (we are not peanut-free but are peanut-aware).
- A lunch (Full Day Pre-K/K and 1st-8th graders only). Make sure the lunch is in a clearly labeled bag, lunch box or other container. Please use reusable/refillable containers with minimal packaging to reduce waste. (All waste is sent home in the box or bag it came in.)
- Most campers attend camp in shorts, T-shirts and sneakers (that can get muddy, smelly, and wet).
- For protection from insects and poison ivy we suggest that campers wear long pants, a hat, and light colored, lightweight clothing that can be layered.
- A backpack to carry water and snack for picnics on the trail. (A backpack with two shoulder straps is highly recommended.)
- A smile ☺

The following is a list of **optional** items your child may bring to camp:

- Change of clothes (including an old pair of sneakers)
- Towel (especially on pond study day)
- Insect repellent sticks (**no spray or pump repellants**) When using sprays or pumps pre-treat your child's clothing **at home**.
- Sun block or sunscreen. Please put on before arriving at camp.

By **clearly labeling** hats, lunch boxes, backpacks, clothing, water bottles, etc. your child will be able to find his/her items. The camp staff is not responsible for identifying or locating unlabelled items.

Do **not** send the following items to camp with your child:

- 1) Drink or juice boxes
- 2) Electronic games or music players
- 3) Toys
- 4) Aerosol containers of insect repellent. Please pre-treat at home.
- 5) Personal items that could be lost (i.e. jewelry, collector cards)
- 6) Weapon-like items